2008 "RUN FOR PEACE"

Attention Runners & Walkers:
Have Fun & Benefit Tri-Valley CAREs, Too

5K or 10K Walk/Run

Sunday, September 21, 9 AM Start

Berkeley Marina, Cesar Chavez Park, 200 Marina Blvd.

1. WHAT YOU NEED TO DO: If you wish to run or walk with the Tri-Valley CAREs team, please contact Marylia Kelley at 925/443-7148 or marylia@trivalleycares.org. There is an early sign up fee of $15 (plus $3 web fee), which goes to our friends at the United Nations Association of the East Bay. The pre-registration fee includes a race kit, which you will receive in the mail, water along the route, T-shirt, and other goodies. The early sign up deadline is September 15, 2008 at 5 PM. Because Tri-Valley CAREs will have a team of 6 runners or more, each runner (or walker) from Tri-Valley CAREs should apply for a 25% discount using the $3 off coupon code R4Peace when signing up. Please note that this code is case sensitive and must be entered exactly as it appears. The link to Tri-Valley CAREs registration page on the Run 4 Peace web site is as follows:
http://www.active.com/event_detail.cfm?event_id=1588271

2. GET FRIENDS AND FAMILY TO SPONSOR YOU (PER KILOMETER OR FOR THE FULL RACE): There are 2 easy ways to do this. You may have them sign up to sponsor you electronically via the race web page you set up through the above-listed link. (Be sure to tell them to scroll down and select Tri-Valley CAREs as the beneficiary). Or, you may simply write down their pledge and collect from them after the race. All checks should be made out to Tri-Valley CAREs. You may tell your sponsors that their contribution to Tri-Valley CAREs is tax-deductible.

3. SIMPLY DONATE: if you want to “pledge for peace,” but do not wish to run or walk – or to get sponsors – simply go to www.trivalleycares.org and click the button marked CONTRIBUTE. Your donation is tax-deductible.

Want more race info? Check www.run4peace.org

Tri-Valley CAREs • 2582 Old First Street, Livermore, CA 94551 • www.trivalleycares.org
You are invited to a celebration!

Tri-Valley CAREs is celebrating a quarter-century of activism and advocacy for peace, justice and the environment.

**TVC 25th Anniversary Program and Raffle**

Sunday, October 26th, 2008  3 – 6pm
Livermore Public Library
1188 South Livermore Ave.

Featuring music, food, beverages and the chance to **win great prizes!**

Get your raffle tickets now or at the door! Tickets are $2 each or 3 for $5.
Tickets can be picked up at the door. Better yet: call or email us to reserve your tickets now!

Program begins at 4pm

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Phone: 925-443-7148 Web: www.trivalleycares.org